


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	<ul style="list-style-type: none"> <li>★ Be Adventurous</li> <li>🚩 Be Challenged</li> <li>🗺️ Be Connected</li> <li>👨‍👩‍👧‍👦 Be Family</li> <li>★ Be Inspired</li> <li>🦋 Be Social</li> <li>👉 Be Well</li> </ul>	<p><b>Location Keys</b></p> <ul style="list-style-type: none"> <li>Back Dining Room BDR</li> <li>Billiards Room BR</li> <li>Bus B</li> <li>Chapel CH</li> <li>Dining Room DR</li> <li>Exercise Room ER</li> <li>Fireside Lounge FS</li> <li>Game Room GR</li> <li>Internet Cafe IC</li> <li>Private Dining Room PDR</li> </ul>	<p>1</p> <ul style="list-style-type: none"> <li>9:45 🧡 Sit and Be Fit w/ Jackie [ER]</li> <li>10:30 🚩 Sole Survivors Walk [BR]</li> <li>11:30 🦋 Bible Study w/Jo [PDR]</li> <li>12:00 🗺️ <b>Nurses Day Celebration [BDR]</b></li> <li>2:00 🧡 Giant Crossword Puzzle [BDR]</li> <li>4:00 🧡 Meditation [PDR]</li> <li>4:00 🦋 Piecing Together The Puzzle [FS]</li> <li>7:00 🚩 Penny Poker [IC]</li> </ul>	<p>2</p> <ul style="list-style-type: none"> <li>9:45 🧡 Sit and Be Fit w/ Jackie [ER]</li> <li>10:30 ★ Roman Catholic Communion [CH]</li> <li>10:30 🚩 Sole Survivors Walk [BR]</li> <li>11:00 <b>Always Remember-Veteran's Group Mtg. [BDR]</b></li> <li>12:15 🗺️ Three Good Things [DR]</li> <li>2:00 ★ Andy the Poet [GR]</li> <li>4:00 🦋 <b>Thirsty Thursday Happy Hour! [FS]</b></li> <li>6:30 ★ Therapeutic Art [BDR]</li> </ul>	<p>3</p> <ul style="list-style-type: none"> <li>9:45 🧡 Sit and Be Fit w/ Jackie [ER]</li> <li>10:30 🚩 Sole Survivors Walk [BR]</li> <li>12:15 🗺️ Question of the Week [DR]</li> <li>2:00 ★ Be Surprised [BR]</li> <li>2:00 🦋 Bingo [GR]</li> <li>3:00 🗺️ New Resident Reception [BDR]</li> <li>4:00 <b>First Friday BYOB Happy Hour [BDR]</b></li> <li>7:00 🦋 Friday Night Movie! [FS]</li> </ul>	<p>4</p> <ul style="list-style-type: none"> <li>9:45 🧡 Silver Sneakers w/ Jackie [ER]</li> <li>11:00 🚩 Wii Bowling [FS]</li> <li>12:15 ★ Word Search [DR]</li> <li>2:00 ★ <b>Kentucky Derby Celebration [FS]</b></li> <li>4:00 🧡 15 Minute Fitness [ER]</li> <li>4:00 🦋 Piecing Together The Puzzle [FS]</li> <li>6:00 ★ Kentucky Derby live on TV!! [FS]</li> <li>6:30 🗺️ Jazz with Bob W. [BDR]</li> </ul>	
	<p>5</p> <ul style="list-style-type: none"> <li>9:45 🧡 Moving with Mike [ER]</li> <li>10:30 🚩 Walking Club [BR]</li> <li>12:30 <b>Cinco de Mayo luncheon [DR]</b></li> <li>3:00 🚩 Penny Poker [IC]</li> <li>4:00 🦋 Piecing Together The Puzzle [FS]</li> <li>7:00 🦋 Sunday Night Movie [FS]</li> </ul>	<p>6</p> <ul style="list-style-type: none"> <li>9:45 🧡 Moving with Mike [ER]</li> <li>10:30 🚩 Sole Survivors Walk [BR]</li> <li>2:00 🦋 Bingo [GR]</li> <li>2:00 🧡 Chorale w/Sharon [FS]</li> <li>3:00 🧡 <b>Balance Clinic with Synergy Rehab [ER]</b></li> <li>7:00 🚩 Scrabble [BDR]</li> </ul>	<p>7</p> <p><b>Wear PINK to lunch and earn Solstice Bucks!</b></p> <ul style="list-style-type: none"> <li>8:45 A 🧡 <b>Blood Pressure Screen w/ VNA [FS]</b></li> <li>8:45 A 🧡 Blood Pressure Screening [FS]</li> <li>9:45 🧡 Sit and Be Fit w/ Jackie [ER]</li> <li>10:30 🚩 Sole Survivors Walk [BR]</li> <li>11:00 🚩 Wii Bowling [FS]</li> <li>12:15 ★ Hand Yoga [DR]</li> <li>2:00 🗺️ Movie Club Meeting [FS]</li> <li>3:00 🚩 <b>VA Administration Vet Benefits [FS]</b></li> <li>4:00 🧡 15 Minute Fitness [ER]</li> <li>6:30 🦋 Bingo [GR]</li> </ul>	<p>8</p> <ul style="list-style-type: none"> <li>9:45 🧡 Sit and Be Fit w/ Jackie [ER]</li> <li>10:30 🚩 Sole Survivors Walk [BR]</li> <li>11:30 🦋 Bible Study w/Jo [PDR]</li> <li>11:30 🗺️ Reminiscing...about our favorite cars! [IC]</li> <li>11:45 🦋 <b>Lunch Bunch [B]</b></li> <li>2:00 ★ Giant Crossword Puzzle [BDR]</li> <li>3:00 🗺️ <b>Food For Thought Meeting with Chef Jared [FS]</b></li> <li>4:00 🧡 Meditation [PDR]</li> <li>4:00 🦋 Piecing Together The Puzzle [FS]</li> <li>7:00 🚩 Penny Poker [IC]</li> </ul>	<p>9</p> <ul style="list-style-type: none"> <li>9:45 🧡 Sit and Be Fit w/ Jackie [ER]</li> <li>10:30 ★ Roman Catholic Communion [CH]</li> <li>10:30 🚩 Sole Survivors Walk [BR]</li> <li>12:15 🗺️ Three Good Things [DR]</li> <li>4:00 🦋 <b>Thirsty Thursday Happy Hour! [FS]</b></li> <li>6:30 ★ Therapeutic Art [BDR]</li> </ul>	<p>10</p> <ul style="list-style-type: none"> <li>9:45 🧡 Sit and Be Fit w/ Jackie [ER]</li> <li>10:30 🚩 Sole Survivors Walk [BR]</li> <li>11:00 🦋 <b>Coffee, Donuts, Conversation [BDR]</b></li> <li>12:15 🗺️ Question of the Week [DR]</li> <li>2:00 ★ Be Surprised [BR]</li> <li>2:00 🦋 Bingo [GR]</li> <li>3:00 🗺️ Ambassador Club [PDR]</li> <li>4:00 🧡 15 Minute Fitness [ER]</li> <li>7:00 🦋 Friday Night Movie! [FS]</li> </ul>	<p>11</p> <ul style="list-style-type: none"> <li>9:45 🧡 Silver Sneakers w/ Jackie [ER]</li> <li>11:00 🚩 Wii Bowling [FS]</li> <li>12:15 ★ Word Search [DR]</li> <li>2:00 ★ Book Group [PDR]</li> <li>3:00 🦋 <b>Wine and Cheese [BDR]</b></li> <li>4:00 🧡 15 Minute Fitness [ER]</li> <li>4:00 🦋 Piecing Together The Puzzle [FS]</li> <li>6:30 🗺️ Jazz with Bob W. [BDR]</li> </ul>
	<p>12</p> <p><b>Mother's Day Luncheon [DR]</b></p> <ul style="list-style-type: none"> <li>9:45 🧡 Moving with Mike [ER]</li> <li>10:30 🚩 Walking Club [BR]</li> <li>3:00 🚩 Penny Poker [IC]</li> <li>4:00 🦋 Piecing Together The Puzzle [FS]</li> <li>7:00 🦋 Sunday Night Movie [FS]</li> </ul>	<p>13</p> <ul style="list-style-type: none"> <li>9:45 🧡 Moving with Mike [ER]</li> <li>10:30 🚩 Sole Survivors Walk [BR]</li> <li>2:00 🦋 Bingo [GR]</li> <li>2:00 🧡 Chorale w/Sharon [FS]</li> <li>3:00 ★ Happy Feet !!</li> <li>7:00 🚩 Scrabble [BDR]</li> </ul>	<p>14</p> <p><b>Wear STRIPES to lunch and earn Solstice Bucks!</b></p> <ul style="list-style-type: none"> <li>9:45 🧡 Sit and Be Fit w/ Jackie [ER]</li> <li>10:30 🚩 Sole Survivors Walk [BR]</li> <li>11:00 🚩 Wii Bowling [FS]</li> <li>12:15 ★ Hand Yoga [DR]</li> <li>2:00 Science for Seniors [IC]</li> <li>3:00 🚩 <b>TED Talks [FS]</b></li> <li>4:00 🧡 15 Minute Fitness [ER]</li> <li>6:30 🦋 Bingo [GR]</li> </ul>	<p>15</p> <ul style="list-style-type: none"> <li>9:45 🧡 Sit and Be Fit w/ Jackie [ER]</li> <li>10:30 🚩 Sole Survivors Walk [BR]</li> <li>11:30 🦋 Bible Study w/Jo [PDR]</li> <li>11:45 🦋 <b>Lunch Bunch [B]</b></li> <li>2:00 ★ Giant Crossword Puzzle [BDR]</li> <li>3:00 🧡 <b>Lecture Series: Identity Theft [GR]</b></li> <li>4:00 🧡 Meditation [PDR]</li> <li>4:00 🦋 Piecing Together The Puzzle [FS]</li> <li>7:00 🚩 Penny Poker [IC]</li> </ul>	<p>16</p> <ul style="list-style-type: none"> <li>9:45 🧡 Sit and Be Fit w/ Jackie [ER]</li> <li>10:30 ★ Roman Catholic Communion [CH]</li> <li>10:30 🚩 Sole Survivors Walk [BR]</li> <li>12:15 🗺️ Three Good Things [DR]</li> <li>2:00 ★ <b>Andy the Poet [GR]</b></li> <li>4:00 🦋 <b>Thirsty Thursday Happy Hour! [FS]</b></li> <li>6:30 ★ Therapeutic Art [BDR]</li> </ul>	<p>17</p> <ul style="list-style-type: none"> <li>9:45 🧡 Sit and Be Fit w/ Jackie [ER]</li> <li>10:30 🚩 Sole Survivors Walk [BR]</li> <li>12:15 🗺️ Question of the Week [DR]</li> <li>1:00 <b>Optometry Visits w/ Dr. Tara Seymour</b></li> <li>2:00 ★ Be Surprised [BR]</li> <li>2:00 🦋 Bingo [GR]</li> <li>3:00 🗺️ Gold Key Celebration [PDR]</li> <li>4:00 🧡 15 Minute Fitness [ER]</li> <li>7:00 🦋 Friday Night Movie! [FS]</li> </ul>	<p>18</p> <ul style="list-style-type: none"> <li>9:45 🧡 Silver Sneakers w/ Jackie [ER]</li> <li>11:00 🚩 Wii Bowling [FS]</li> <li>12:15 ★ Word Search [DR]</li> <li>2:00 ★ Book Group [PDR]</li> <li>3:00 🗺️ <b>Birthday &amp; Anniversary Celebration [BDR]</b></li> <li>4:00 🧡 15 Minute Fitness [ER]</li> <li>4:00 🦋 Piecing Together The Puzzle [FS]</li> <li>6:30 🗺️ Jazz with Bob W. [BDR]</li> </ul>
	<p>19</p> <ul style="list-style-type: none"> <li>9:45 🧡 Moving with Mike [ER]</li> <li>10:30 🚩 Walking Club [BR]</li> <li>3:00 🚩 Penny Poker [IC]</li> <li>4:00 🦋 Piecing Together The Puzzle [FS]</li> <li>7:00 🦋 Sunday Night Movie [FS]</li> </ul>	<p>20</p> <ul style="list-style-type: none"> <li>9:45 🧡 Moving with Mike [ER]</li> <li>10:30 🚩 Sole Survivors Walk [BR]</li> <li>12:30 ★ <b>Happiness Club [FS]</b></li> <li>2:00 🦋 Bingo [GR]</li> <li>2:00 🧡 Chorale w/Sharon [FS]</li> <li>7:00 🚩 Scrabble [BDR]</li> </ul>	<p>21</p> <p><b>Wear BLUE to lunch and earn Solstice Bucks!</b></p> <ul style="list-style-type: none"> <li>9:45 🧡 Sit and Be Fit w/ Jackie [ER]</li> <li>10:00 ★ Prayer Circle *ALL WELCOME*</li> <li>10:30 ★ Protestant Communion *All Welcome* [CH]</li> <li>10:30 🚩 Sole Survivors Walk [BR]</li> <li>11:00 🚩 Wii Bowling [FS]</li> <li>12:15 ★ Hand Yoga [DR]</li> <li>2:00 🗺️ Movie Club Meeting [FS]</li> <li>3:00 🚩 <b>TED Talks [FS]</b></li> <li>4:00 🧡 15 Minute Fitness [ER]</li> <li>6:30 🦋 Bingo [GR]</li> </ul>	<p>22</p> <p><b>Mohegan Sun [B]</b></p> <ul style="list-style-type: none"> <li>9:00 a</li> <li>9:45 🧡 Sit and Be Fit w/ Jackie [ER]</li> <li>10:30 🚩 Sole Survivors Walk [BR]</li> <li>11:30 🦋 Bible Study w/Jo [PDR]</li> <li>2:00 ★ Giant Crossword Puzzle [BDR]</li> <li>4:00 🧡 Meditation [PDR]</li> <li>4:00 🦋 Piecing Together The Puzzle [FS]</li> <li>7:00 🚩 Penny Poker [IC]</li> </ul>	<p>23</p> <ul style="list-style-type: none"> <li>9:45 🧡 Sit and Be Fit w/ Jackie [ER]</li> <li>10:30 ★ Roman Catholic Communion [CH]</li> <li>10:30 🚩 Sole Survivors Walk [BR]</li> <li>12:15 🗺️ Three Good Things [DR]</li> <li>4:00 🦋 <b>Thirsty Thursday Happy Hour! [FS]</b></li> <li>6:30 ★ Therapeutic Art [BDR]</li> </ul>	<p>24</p> <ul style="list-style-type: none"> <li>9:45 🧡 Sit and Be Fit w/ Jackie [ER]</li> <li>10:30 🚩 Sole Survivors Walk [BR]</li> <li>11:00 🦋 <b>Coffee, Donuts, Conversation [BDR]</b></li> <li>12:15 🗺️ Question of the Week [DR]</li> <li>2:00 ★ Be Surprised [BR]</li> <li>2:00 🦋 Bingo [GR]</li> <li>4:00 🧡 15 Minute Fitness [ER]</li> <li>7:00 🦋 Friday Night Movie! [FS]</li> </ul>	<p>25</p> <ul style="list-style-type: none"> <li>9:45 🧡 Silver Sneakers w/ Jackie [ER]</li> <li>11:00 🚩 Wii Bowling [FS]</li> <li>12:15 ★ Word Search [DR]</li> <li>2:00 ★ Book Group [PDR]</li> <li>3:00 🧡 <b>Ice Cream Social [BDR]</b></li> <li>4:00 🧡 15 Minute Fitness [ER]</li> <li>4:00 🦋 Piecing Together The Puzzle [FS]</li> <li>6:30 🗺️ Jazz with Bob W. [BDR]</li> </ul>
	<p>26</p> <ul style="list-style-type: none"> <li>9:45 🧡 Moving with Mike [ER]</li> <li>10:30 🚩 Walking Club [BR]</li> <li>3:00 🚩 Penny Poker [IC]</li> <li>4:00 🦋 Piecing Together The Puzzle [FS]</li> <li>7:00 🦋 Sunday Night Movie [FS]</li> </ul>	<p>27</p> <p><b>Memorial Day</b></p> <p><b>Wear RED, WHITE and BLUE to lunch and earn Solstice Bucks!</b></p> <ul style="list-style-type: none"> <li>9:45 🧡 Moving with Mike [ER]</li> <li>10:30 🚩 Sole Survivors Walk [BR]</li> <li>12:30 🦋 Memorial Day BBQ [DR]</li> <li>2:00 🦋 Bingo [GR]</li> <li>7:00 🚩 Scrabble [BDR]</li> </ul>	<p>28</p> <ul style="list-style-type: none"> <li>9:45 🧡 Sit and Be Fit w/ Jackie [ER]</li> <li>10:30 🚩 Sole Survivors Walk [BR]</li> <li>11:00 🚩 Wii Bowling [FS]</li> <li>12:15 ★ Hand Yoga [DR]</li> <li>3:00 🚩 Activity Advisory Committee</li> <li>3:00 🚩 <b>TED Talks [FS]</b></li> <li>4:00 🧡 15 Minute Fitness [ER]</li> <li>6:30 🦋 Bingo [GR]</li> </ul>	<p>29</p> <ul style="list-style-type: none"> <li>9:45 🧡 Sit and Be Fit w/ Jackie [ER]</li> <li>10:30 🚩 Sole Survivors Walk [BR]</li> <li>11:30 🦋 Bible Study w/Jo [PDR]</li> <li>11:45 🦋 <b>Lunch Bunch [B]</b></li> <li>2:00 ★ Giant Crossword Puzzle [BDR]</li> <li>3:00 🗺️ <b>Resident Meeting with Robin [FS]</b></li> <li>4:00 🧡 Meditation [PDR]</li> <li>4:00 🦋 Piecing Together The Puzzle [FS]</li> <li>7:00 🚩 Penny Poker [IC]</li> </ul>	<p>30</p> <ul style="list-style-type: none"> <li>9:45 🧡 Sit and Be Fit w/ Jackie [ER]</li> <li>10:30 ★ Roman Catholic Communion [CH]</li> <li>10:30 🚩 Sole Survivors Walk [BR]</li> <li>12:15 🗺️ Three Good Things [DR]</li> <li>2:00 ★ The Spectrum of Arts [GR]</li> <li>4:00 🦋 <b>Thirsty Thursday Happy Hour! [FS]</b></li> <li>6:30 ★ Therapeutic Art [BDR]</li> </ul>	<p>31</p> <ul style="list-style-type: none"> <li>9:45 🧡 Sit and Be Fit w/ Jackie [ER]</li> <li>10:30 🚩 Sole Survivors Walk [BR]</li> <li>12:15 🗺️ Question of the Week [DR]</li> <li>2:00 ★ Be Surprised [BR]</li> <li>2:00 🦋 Bingo [GR]</li> <li>4:00 🧡 15 Minute Fitness [ER]</li> <li>7:00 🦋 Friday Night Movie! [FS]</li> </ul>	<p><b>Resident Birthdays</b></p> <ul style="list-style-type: none"> <li>Carole C. 5/11</li> <li>Carroll C. 5/17</li> <li>Alan W. 5/19</li> <li>Kelly S. 5/23</li> <li>Wilfriede K. 5/24</li> <li>Eleanor C. 5/26</li> <li>Catharine W. 5/31</li> </ul>